



## Lunch

### Salad

**Chicken Caesar Salad** – Crisp romaine lettuce with asiago cheese and homemade cornbread croutons. 7.75 | Add shrimp, catfish or salmon 5

### Sandwiches

**Turkey Burger** - with grilled onions, mushrooms and provolone cheese on a brioche bun. 6.00

**Southwestern Club** - Roasted turkey breast, bacon, lettuce & tomatoes with ranch dressing on wheat toast. 4.95

**Curry Chicken Melt** - Curry chicken salad toasted with Cheddar and Colby Jack cheese on wheat toast. 5.75

### Wraps

**Chicken Caesar Wrap & chips**- Fresh lettuce, Asiago cheese, our signature Caesar dressing and grilled chicken. 5.95

**Crispy Chicken Wrap & chips** – Fresh lettuce, tomatoes, cheese, our roasted pepper dressing and crispy chicken. 6.25

**Shrimp Wrap & chips** - Fresh lettuce, tomatoes, cheese, our roasted pepper dressing and sautéed shrimp. 7.95

**Ribeye Steak Wrap with Fries** - Ribeye steak, peppers, onions, tomatoes & our roasted pepper dressing. 8.95

### Burgers

**Basic Cheese Burger (6 oz)** - Angus beef, lettuce, tomato and cheese on a brioche bun. 5.75

**Next Phaze Burger** - Angus beef, topped with our Bourbon BBQ sauce, cheddar jack cheese and Applewood bacon, lettuce and tomato on a brioche bun. 7.75

### Chicken

**Next Phaze Wings (6 pc)** - Choice of Buffalo, sweet jerk, Old Bay, honey Old Bay, lemon pepper, honey lemon pepper. 5.75

### Seafood

**Catfish Fritters & Fries** - Served with our homemade signature sauce. 8.75

**Catfish Sandwich (Fried or Blackened) & Fries** - Served on a brioche bun with our signature sauce. 8.75

**Fried Shrimp & Fries** - 8.75

**Maryland Lump Crab Cake Sandwich & Fries** - A 5 oz. lump crab cake served on a brioche bun, lettuce and tomato with our homemade signature sauce. 12.50

### Specialty Items

**Fried or Blackened Catfish Tacos** -Three tacos with lettuce, home-made salsa, catfish and our special signature sauce. 9.00

**Bayou Pasta** - Roasted chicken, julienne peppers, onions, spinach, and penne pasta, tossed in a Cajun alfredo sauce. 10.50

**Shrimp n Grits** - Country grits topped with a light creole ragu and sautéed shrimp. 11.75

**Blackened Catfish n Grits** - Blackened catfish served with country grits topped with our special sauce. 11.75

**Cajun Salmon & Rice** - Alaskan salmon with Cajun seasoning and sweet chili sauce over a bed of yellow rice. 11.75

**Mushroom Artichoke Salad** - Marinated in a soy vinaigrette. 5.75

**Mushroom Artichoke Pasta** - Marinated in a soy vinaigrette. 7.50

**Saffron Rice Vegetali** - Saffron rice tossed with seasonal vegetables and sauced with garlic parmesan & BBQ. \$6  
*Add chicken \$3 | Add shrimp, salmon or ribeye steak \$5*

\*\*Good food takes time to prepare!! Our food is prepared from scratch and some items may take a while to prepare.

**Sides:** Sweet Potato Fries - 2.95 | Fries - 1.95 | Cornbread - 1.95 | Mac N Cheese - 3.95 | Seasonal Vegetables - 2.95 | Rice & Beans - 3.50

**Beverages:** Pepsi - 1.59 | Diet Pepsi - 1.59 | Mountain Dew - 1.59 | Bottled Water - 1.25